

GAM

Gaining Autonomy and Medication in Mental Health



Lecture by Céline Cyr from Quebec, Canada

February 2nd (Sun) 13: 30-16: 30

Collaboration Room 1 on the 4th floor of Building 18,
Komaba 1 Campus of the University of Tokyo

No registration fee is required

Campus map



Is there an approach free from psychotropic compulsory treatment?

Lecture by Celine Cyr from Quebec, Canada, tojisha and promotes GAM (Gestion autonome de la medication, an approach to taking psychiatric treatments autonomously) on GAM.

Dr. Hiroyuki Matsuda (Associate Professor, Osaka Prefecture University) who introduced GAM to Japan will also be present.

We hope the participants learn GAM and discuss the practical possibilities in Japan. After the meeting, reception will be held at the university.

Language: English (and French)
(with Japanese translation. Interpreter: Takafumi Ishiwatari)

Moderators: Yoko Matsumoto / Kohji Ishihara



Advance registration required.

Please apply from Google Form.

<https://forms.gle/Bk86ebvLJFzXXSya7>

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Céline Cyr



Céline Cyr is one of the GAM pioneers from Quebec, Canada. She teaches, implements, researches GAM as well as alternative approaches in Quebec. She currently works as a provider at Prise 2 (Take 2) an alternative treatment center in Montreal and at TÉLUQ University as a research professional. She has a master's degree in social work and her thesis was on the experience of taking psychiatric medication from the point of view of tojishas who undertook a GAM journey. She is a “prosumer” and takes pride in the fact that she can understand the experience from both professional and tojisha point of view.

About GAM. See the links at the bottom of the site below. (English)

http://www.rasmq.com/About_Us.php?fbclid=IwAR3usEtcuS8Aw0i0q8C6bTwqvHDWyeEedz8ye-3x73F5fIMqJDWjx-8SG2s

