## Social Withdrawal & Mental Disorders in Post-Pandemic Times

6/24 (Mon) 10:00-17:00

This project addresses post-pandemic rise in social withdrawals (labeled as hikikomori in Japan) and mental disorders inside and outside Japan. We make the case for cross-cultural research to understand hikikomori's complex symptoms and societal implications. The pandemic-induced social deprivation has disproportionately affected children and adolescents, leading to a significant increase in mental health problems. Picking up on the insights of the developmental psychology and considering the unique challenges faced by younger generations, we propose a phenomenological approach influenced by authors such as Husserl, Heidegger, Patocka, Bin Kimura, etc. to understand the impact of social withdrawal on mental health. We would also like to introduce Tojisha Kenkyu, a self-directed research model from Japan, as a potential method to address the current crisis in psychiatric and psychotherapeutic systems in the Czech Republic. We aim to combine Tojisha Kenkyu with phenomenological insights to offer a destigmatizing and nonnormative approach to mental health issues. Our project seeks to uncover the underlying causes and conditions contributing to the increased mental health problems, while proposing a unique technique of self-help and self-support research.

11 - 11		
	10:00-10:15	Opening remarks
	10:15-11:15	Joff P. N. Bradley (Teikyo University) "What has happened to radical philosophy and psychiatry?"
	11:15-12:15	Petr Kouba (Institute of Philosophy of the Czech Academy of Sciences) "Gender and gender dysphoria in post-pandemic times"
	12;15-13:30	Lunch break
	13:30-14:30	Akihiro Miyata (The University of Tokyo) "Rethinking Watsuji's Rinrigaku (Ethics) in regard to hikikomori"
	14:30-15:30	Martin Nitsche (Institute of Philosophy of the Czech Academy of Sciences) "Topology of solitude: multisensory immersion and mental diving"
	15:30-16:30	Panel discussion
Г	16:30-17:00	Closing



Room 4, Kasumigaseki Campus 9th floor, Hirakawa-cho Mori Tower, Teikyo University



## Social Withdrawal & Mental Disorders in Post-Pandemic Times

6/25 (Tue) 12:30-16:00

This project addresses post-pandemic rise in social withdrawals (labeled as hikikomori in Japan) and mental disorders inside and outside Japan. We make the case for cross-cultural research to understand hikikomori's complex symptoms and societal implications. The pandemic-induced social deprivation has disproportionately affected children and adolescents, leading to a significant increase in mental health problems. Picking up on the insights of the developmental psychology and considering the unique challenges faced by younger generations, we propose a phenomenological approach influenced by authors such as Husserl, Heidegger, Patocka, Bin Kimura, etc. to understand the impact of social withdrawal on mental health. We would also like to introduce Tojisha Kenkyu, a self-directed research model from Japan, as a potential method to address the current crisis in psychiatric and psychotherapeutic systems in the Czech Republic. We aim to combine Tojisha Kenkyu with phenomenological insights to offer a destigmatizing and nonnormative approach to mental health issues. Our project seeks to uncover the underlying causes and conditions contributing to the increased mental health problems, while proposing a unique technique of self-help and self-support research.

-	/ 100	
	12:30-13:00	Opening remarks
	13:00-14:00	Petr Prášek (Institute of Philosophy of the Czech Academy of Sciences) "Isn't social withdrawal of hikikimori's patients an effort to save themselves? Maldiney's interpretation of Bin Kimura's aida as an original space of common presence in contrast to the depressing sociality of the everyday"
	14:00-15:00	Koichiro Kokubun (The University of Tokyo) "Middle Voice and Time: On Bin Kimura's concept of Koto and Mono"
2	15:00-16:00	Toshiya Ueno (Wako University) "Ontological withdrawal in philo-fiction and speculative-fiction of Guattari, Laruelle and Flusser" Closing remarks



Bldg. 18 Hall, Komaba Campus, University of Tokyo

Japan-Czech Republic Research Cooperative Program between JSPS and CAS



